

Go Further Foundation is proud to support this year's NAMIWalks Event presented by NAMI, The National Alliance on Mental Illness



ABOUT NAMIWALKS:

HOW IS GFF SUPPORTING?

- The Go Further Foundation has created a fundraising team and set a goal to raise \$2,500 to directly support NAMI.
- Personal care and leading a healthy lifestyle are key factors in maintaining positive mental well-being. That being said, GFF wants to see what YOUR favorite ways of staying active in your everyday lives!

HOW CAN I SUPPORT?

Get Active Selfie Challenge!

- Take a selfie or group photo of you being active and post it to Facebook, Instagram, or LinkedIn (either a single post, or on your "story"). Make sure to tag @Gofurtherfoundation and include the following hashtags: #MentalHealthForAll #GoingFurtherTogether

This post will then enter you into our GFF Raffle to win some AWESOME prizes

Apple Airpods | \$50 Visa Gift Card | GFF SWAG

- **WHEN:** May 22nd 2021 • **WHERE:** ANYWHERE (as long as you're out and getting active, that is all that matters!)

OTHER WAYS TO SUPPORT NAMI:

Head to this link <https://www.namiwalks.org/team/42049> to:

Donate now | Join the Team Go Further to Help Raise Donations | Or share our team link

CALL FOR SPONSORS:

- GFF is looking for Event Sponsors to aid in fundraising for this event! These sponsors would be willing to commit \$5 per picture that is posted and tags @GoFurtherFoundation (limit \$1,000). These sponsors will be highlighted in our post-event selfie slideshow!
- Reach out to Mark Potts (mark.potts@gofurtherfoundation.com) if you are interested in becoming an event sponsor.

We're #BetterTogether, and building mental health awareness starts with ALL of us. Together, we will continue to strive to eradicate the stigma surrounding mental health!

 NAMIWalks supports NAMI

And NAMI supports the
1 in 5 who experience mental illness
And the **5 in 5** who are affected by it.

YOU ARE NOT ALONE.

From every corner of the country
For every age and every background,
We walk, on the streets or in our hearts.

In a time of challenge and change,
We are united even when we appear alone.

Mental health is not for some.

MENTAL HEALTH IS FOR *all*.



Can't wait to see everyone (virtually) on May 22nd!

"If you want to go fast go alone,
If you want to go far go together!"

