



COMMUNITY CORNER

NEWSLETTER

JANUARY 2022

COMMUNITY HAPPENINGS

JANUARY 6

Cohort 3 Orientation

JANUARY 20

Goal Setting Executive Coaching

JANUARY 27

JCSPC Annual Meeting

FEBRUARY 17

Tackling Adversity and Building a Network Executive Coaching Sponsored by Netsmart

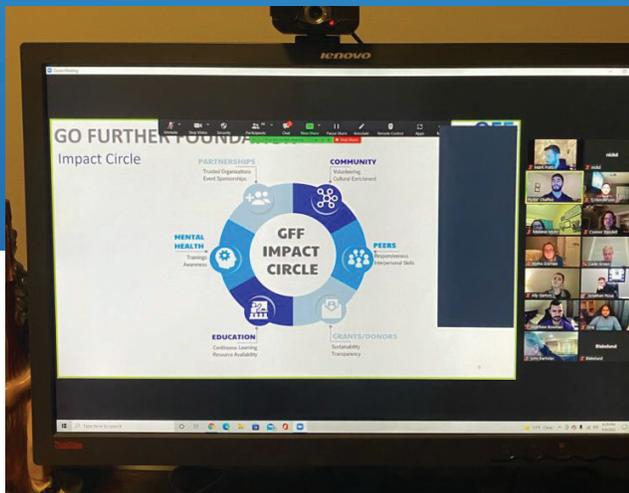


Happy New Year! I hope everyone's year is off to a strong and healthy start! Last year, 30 young professionals joined Go Further Foundation, strengthening a community that is focused on personal and professional development and being a constant reminder that nobody is on their journey alone. Go Further held 18 total events spanning from Executive Coaching events, Cohort Happy Hours, Community Service Opportunities, Mental Health 101, Mental Health First Aid and of course our first Annual Bump, Set, Spike the Stigma Volleyball fundraiser. Through these events and the kindness of our supporters Go Further was able to raise \$10,000 dollars in our first year that will be pivotal in providing the infrastructure necessary to bring more Young Professionals into our community. From the bottom of my heart, I want to thank all of you for your support in 2021.

 gofurtherfoundation.org

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2022 is already off to a strong start. Early in the Month we welcomed our 3rd Cohort of young professionals eager to partake in our programs. With the Covid variant, Omicron, continuing to wreak havoc on our communities we moved this Cohort Orientation to zoom. Whether we're in person or not the members of our community know how to keep things fun with all smiles as we broke the ice with a little "Would you Rather" exercise. It's an exciting time to join Go Further, not only do we have some awesome events already planned for 2022 but the opportunity to get involved in leadership positions has never been better. These committees and leadership positions have unlocked our ability to take a big step forward and it is a true testament of the talent and passion of the young professionals we have in our community.



Later in the month we were able to hold our first Executive Coaching event of the year in person. This one was a special one for me, not only am I passionate about the topic "Goal Setting" but the Coach leading this workshop has been my coach my whole life. Literally and figuratively speaking, Mark Sr. coached my baseball team growing up and has always been my greatest supporter and mentor. I've always heard stories of my dad's life, battling adversity, and following his own advice to always move forward no matter what. However, hearing these stories as he reflected on them with the Go Further Community, was surreal. He painted the

picture of pursuing an opportunity out of State where the plan was for him to move there early to work and for us to follow after we sold the house. The 2008 housing market crash had different ideas. The next two years were spent trying to get back to his family. A difficult time filled with ups and downs, dark days, and tears when weekend visits felt too short. Despite these challenges he continued to set goals, keep moving forward, and not quit until we were all back together. Thank you, dad, for kicking off our Executive Coaching's for the year and for always teaching me that family comes first.



As I mentioned above the support of individuals, corporations and partnerships allow us to continue delivering a fantastic experience for our members. One of those partners is Johnson County Suicide Prevention Coalition. This Coalition is filled with organizations taking a stand against suicide and making a positive impact in their communities. In 2021 JCSPC supported Go Further with a grant that we used to train our members in Mental Health First Aid at no cost to them. This training

equips our community to better understand Mental Health and know how to respond in moments of crisis. We had the opportunity to speak at JCSPC's annual meeting where we discussed our mission at Go Further Foundation and how we are making a positive impact on Mental Health. We feel strongly that the more we're trained and educated the easier conversations about Mental Health become. Through this we will eradicate Mental Health Stigma one step at a time.

Looking forward, we have a very exciting Executive Coaching on the Horizon. Netsmart, an organization that develops health information technology for organizations in Behavioral Health, human services, and post-acute care markets is hosting our community at their offices in Overland Park, Kansas. Joining us will be their Sr. Vice President Scott Green as well as their Chief Operations Officer Tom Herzog discussing talking adversity and how to build a network. This is going to be an open event for anybody to join so stay tuned for more information and we hope to see everyone there!
Until the next edition of Community Corner!

Let's Go Further Together,
Mark Potts